

School Environment

Initial Assessment

Name

First Name Last Name

School Name

Date



Month Day Year

How long have you been an educator here?

Please rate the following aspects of Trauma-Informed schools.

Understanding Trauma- the staff, students, and parents have been provided with information to understand:

Strongly Disagree Disagree Neutral Agree Strongly Agree

what trauma means.

how trauma affects mental health.

how trauma affects learning.

how trauma affects physical health.

what happens when the HPA axis stress response is activated.

Cultural Competence

Strongly Disagree Disagree Neutral Agree Strongly Agree

The school staff is aware of the culture and ethnicities of the students in the school.

The school staff aware of the meaning of "Cultural Humility".

The school staff have been given the opportunities to learn about the beliefs, values, and norms of the cultures and ethnicities represented in the student body.

Safety and Predictability

Strongly Disagree Disagree Neutral Agree Strongly Agree

Our school has a Mission Statement.

Our school has a Code of Conduct.

Our school has proactive programs to teach about Healthy Relationships.

We have a Conflict Resolution Policy.

Our staff has consistent protocols for responding to specific behaviours.

Social-Emotional Learning- the school staff has been trained in strategies to:

Strongly Disagree Disagree Neutral Agree Strongly Agree

teach students how to prevent their stress response from being activated.

teach students to calm their stress response after being activated.

Collaboration and Empowerment

Strongly Disagree Disagree Neutral Agree Strongly Agree

Staff and students are given the opportunity to express what they need emotionally and physically at school.

Students have the opportunity to have some choice in what they are learning.

Differentiated instruction is being practiced.

The School Planning Team is engaged and active.

Students have the opportunity to demonstrate competence academically, artistically, or athletically.

Acceptance and Belonging

Strongly Disagree Disagree Neutral Agree Strongly Agree

The school has an Inclusion Policy.

Students, parents, and educators are aware of the Inclusion Policy.

LGBTQ2+, religion, ethnicity, socioeconomic status, race, and disability is included in the Inclusion Policy.

The staff and students have a feeling of acceptance and belonging.

How strongly do you feel that the staff, students and parents could benefit from Trauma-Informed Schools programming?

- Very strong
- Somewhat strong
- Unsure
- Not very strong
- Would not benefit

If not, why?

Additional comments

